



OFFICE OF THE PREMIER

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Date:
Leshupelo: 20 September 2017
Umhla:
Datum:

Reference:
Tshupelo:
Isalathiso: SP9
Verwysings

**TO: ALL SENIOR MANAGERS
ALL UNIT HEADS
OFFICE OF THE PREMIER**

HEART HEALTH AND CERVICAL CANCER AWARENESS

The Office of the Premier supports and is committed to implement effective interventions to prevent occupational hazards and to protect and promote health at the workplace and access to occupational health services.

September is national heart health awareness month. According to researchers, approximately 80% of premature deaths from cardiovascular diseases could be avoided if four main risk factors, that is, tobacco use, unhealthy diet, physical inactivity and harmful use of alcohol are controlled.

<http://www.askideas.com>

I hereby give permission for the release of all staff members to attend an information session on diseases of lifestyle, predisposing factors, prevention and treatment as well as cervical cancer. Employees will also be screened for Hypertension, Diabetes and Cholesterol.

The information session will be held at the fourth floor boardroom on the 29 September 2017 between 09:00 and 13:00.

In the event of any queries, please do not hesitate to contact Ms. M. Dhlamini at 053-838 2341 or Ms. K. Lebone at 053-838 2348

Yours faithfully


JUSTICE BEKEBEKE
DIRECTOR GENERAL