
GEMS HEALTH TRENDS REPORT – 2016

Office of the Premier

TOP THREE CONDITIONS BY FREQUENCY

DIAGNOSIS	% BENEFICIARIES REGISTERED
High blood pressure	19.7%
Depression	8.6%
Non-insulin-dependent diabetes	7.2%

TOP THREE CONDITIONS BY COST (Medication only)

DIAGNOSIS	COST PER DISEASE CATEGORY (R)	AVERAGE COST PER PATIENT (R)	% OF TOTAL
High blood pressure	65,644	2,188	29.1%
Non-insulin-dependent diabetes	64,431	5,857	28.5%
Depression	17,813	1,370	7.9%

REFERENCES:

<https://www.gems.gov.za>

Data retrieved from the Departmental GEMS Health Trends Report submitted to Employee Health and Wellness. Data is from 2nd quarter of 2016.